

CERTIFICATE

OF PARTICIPATION

This is to certify that

Thabisa Ncomanzi

Has successfully participated & completed the

5km Forest Hill City Summer Run

held at Stellenbosch.

TIME 00:42:51

PACE 08:33/km

OVERALL 32 of 92

04 December 2016, Sun

Date

GENDER 18 of 54

40+ 4 of 10



BoutTime

Signature